



BEFORE YOUR FISTULOGRAM/GRAFTOGRAM

In preparation for your fistulogram/graftogram, please confirm that your hemodialysis access is working. **If not, be sure to alert us right away.** This procedure is typically done without sedation and usually only takes 5 to 15 minutes. In the event you would like to have the option of receiving sedation, please let us know. However, in order to receive sedation, you will have to refrain from eating or drinking anything after midnight the night before your procedure. Be sure to come with a responsible adult (over the age of 18) who will be able to stay with you and drive you home. You may take your medications with a small sip of water. **DO NOT take METFORMIN** if you are on that medication. If you are on a blood thinner, make sure it was stopped per instructions. You may take a shower on the morning of the procedure-please use antibiotic soap and no lotions or oils. You will be asked to arrive at least 30 minutes prior to your scheduled appointment. Please be aware that if you arrive more than 10 minutes after your scheduled appointment, you may be asked to reschedule. As a reminder, if you need to cancel your procedure, please notify our office **at least 24 hours** in advance to avoid the cancellation fee of \$50. If you **have any questions or need clarification**, please contact us at (708) 323-4000, option 3.

PATIENT POST FISTULOGRAM/GRAFTOGRAM **INSTRUCTIONS**

This procedure was done in order to keep your graft or fistula working properly. The doctor used X-ray imaging and contrast dye to look for issues that might affect the functioning or durability of your access. Once the treatment was completed, the puncture site on your access was closed with either manual compression or a suture to keep it from bleeding.



****If you have a suture, this should be removed within 24-48 hours either at your dialysis center or you may make an appointment to have a nurse visit to have the suture removed in our office.**

After 24 hours:

- remove any dressings/band-aids
- it is ok to shower, gently cleaning the puncture site with soap and water
- after removing the dressing, keep your puncture site clean and dry
- resume your normal diet
- drink plenty of clear liquids unless you have dietary restrictions

**** Resume your normal medications with the following exceptions:**

- If you take a blood thinner, you may resume taking it 12 hours after the procedure.
- **If you take Metformin-containing medications for diabetes (i.e. Janumet, Glucophage, Invokamet), you will need to stop the medication for 48 hours after your procedure. Please contact your primary doctor for alternative medication to use during this time period if needed.**

Do not participate in strenuous activity for 1-2 days.

Keep all your follow-up appointments with Dr. Pradhan as scheduled.

If you received sedation, you may **NOT** drive, drink alcohol, operate heavy machinery, or sign important document for 24 hours.

If you experience increased pain, swelling, redness, fever greater than 101°, drainage, bleeding, rash, hives, itching and or coldness in your arms/leg(s) call our office at (708) 323-4000.

If you cannot reach your doctor, immediately call **Emergency Medical Service at 911.**