



BEFORE YOUR PERIPHERAL ANGIOGRAM

In preparation for your angiogram, you may need to obtain bloodwork 5-7 days prior to your appointment. Be sure to follow the instructions given to you by the procedure coordinator. Do not eat or drink anything after midnight the night before your procedure. Be sure to come with a responsible adult (over the age of 18) who will be able to stay with you and drive you home. You may take your medications with a small sip of water. **DO NOT take METFORMIN** if you are on that medication. If you are on a blood thinner, make sure it was stopped per instructions. You may take a shower on the morning of the procedure-please use antibiotic soap and no lotions or oils. You will be asked to arrive at least 30 minutes prior to your scheduled appointment. Please be aware that if you arrive more than 10 minutes after your scheduled appointment, you may be asked to reschedule. As a reminder, if you need to cancel your procedure, please notify our office **at least 24 hours** in advance to avoid the cancellation fee of \$50. If you have **any questions or need clarification**, please contact us at (708) 323-4000, option 3.

PATIENT POST-ANGIOGRAM INSTRUCTIONS

This procedure was done to check the arteries that supply blood to your legs. The doctor checked for blockages in the arteries of your leg using X-ray imaging and dye. If the doctor found a significant blockage or narrowing, he may have performed an intervention to correct the abnormality by ballooning open the narrowing or placing a stent to open the blockage. The area where the doctor placed an IV to perform the procedure is at risk for bleeding; therefore, a closure device was placed to close the hole in your artery.



****After your procedure it is normal to feel a slight bump or groin tenderness. You also may have some bruising or discomfort and that may last for one week.**

After 24 hours:

- remove any dressings/band-aids
- it is ok to shower, gently cleaning the puncture site with soap and water
- after removing the dressing, keep your puncture site clean and dry
- resume your normal diet
- drink plenty of clear liquids unless you have dietary restrictions

**** Resume your normal medications with the following exceptions:**

- If you take a blood thinner, you may resume taking it 12 hours after the procedure.
- **If you take Metformin-containing medications for diabetes (i.e. Janumet, Glucophage, Invokamet), you will need to stop the medication for 48 hours after your procedure. Please contact your primary doctor for alternative medication to use during this time period if needed.**

While coughing, sneezing, or during bowel movement, support the puncture site by applying gentle pressure with your hand for the first 48 hours to prevent bleeding.

Do not participate in strenuous activity for 2-3 days.

Keep all your follow-up appointments with Dr. Pradhan as scheduled.

If you received sedation, you may **NOT drive, drink alcohol, operate heavy machinery, or sign important document for 24 hours.**

If you experience increased pain, swelling, redness, fever greater than 101°, drainage, bleeding, rash, hives, itching and or coldness in your arms/leg(s) call our office at (708) 323-4000.

If you cannot reach your doctor, immediately call **Emergency Medical Service at 911.**