



## **BEFORE YOUR PERMCATH INSERTION**

In preparation for your Pemicath insertion, please follow the instructions given to you by our procedure coordinator prior to your procedure. This procedure can be done with or without sedation and usually only takes about 20-25 minutes. In the event you would like to have the option of receiving sedation, please let us know. However, in order to receive sedation, you will have to refrain from eating or drinking anything after midnight the night before your procedure. Be sure to come with a responsible adult (over the age of 18) who will be able to stay with you and drive you home. You may take your medications with a small sip of water. If you are on a blood thinner, make sure it was stopped per instructions. You may take a shower on the morning of the procedure- please use antibiotic soap and no lotions or oils. You will be asked to arrive at least 30 minutes prior to your scheduled appointment. Please be aware that if you arrive more than 10 minutes after your scheduled appointment, you may be asked to reschedule. As a reminder, if you need to cancel your procedure, please notify our office **at least 24 hours** in advance to avoid the cancellation fee of \$50. If you **have any questions or need clarification**, please contact us at (708) 323-4000, option 3.

## **PATIENT POST PERMCATH INSERTION** **INSTRUCTIONS**

This procedure was done to give you a route to receive hemodialysis. The catheter tip rests in your heart and there is a cuff that will scar into your body, so that the catheter shouldn't fall out even if there are no sutures holding it in place. There may be some oozing of blood from around the insertion site which is normal. Use gauze and tape to cover the area. If the catheter does not work properly, have your center call us to evaluate it. The catheter is ready to be used right away.

After 24 hours:

- resume your normal diet
- drink plenty of clear liquids unless you have dietary restrictions



**\*\* Resume your normal medications with the following exceptions:**

- If you take a blood thinner, you may resume taking it 12 hours after the procedure.

While coughing or sneezing, support the puncture site by applying gentle pressure with your hand for the first 48 hours to prevent bleeding.

Do not participate in strenuous activity for 1-2 days.

Keep all your follow-up appointments with Dr. Pradhan as scheduled.

If you received sedation, you may **NOT** drive, drink alcohol, operate heavy machinery, or sign important document for 24 hours.

If you experience increased pain, swelling, redness, fever greater than 101°, drainage, bleeding, rash, hives, itching and or coldness in your arms/leg(s) call our office at (708) 323-4000.

If you cannot reach your doctor, immediately call **Emergency Medical Service at 911.**