



BEFORE YOUR VENOGRAM WITH IVUS

In preparation for your venogram with IVUS, you may need to obtain bloodwork 5-7 days prior to your appointment. Be sure to follow the instructions given to you by the procedure coordinator. Do not eat or drink anything after midnight the night before your procedure. Be sure to come with a responsible adult (over the age of 18) who will be able to stay with you and drive you home. You may take your medications with a small sip of water. If you are on a blood thinner, make sure it was stopped per instructions. You may take a shower on the morning of the procedure—please use antibiotic soap and no lotions or oils. You will be asked to arrive at least 30 minutes prior to your scheduled appointment. Please be aware that if you arrive more than 10 minutes after your scheduled appointment, you may be asked to reschedule. As a reminder, if you need to cancel your procedure, please notify our office **at least 24 hours** in advance to avoid the cancellation fee of \$50. If you have **any questions or need clarification**, please contact us at (708) 323-4000, option 3.

PATIENT POST-VENOGRAM INSTRUCTIONS

This procedure was done to check for compression/narrowing in your iliac veins in the pelvic area. If any abnormality was found, the doctor may have treated this by either ballooning the area or inserting a stent. The area accessed for the procedure is at risk for bleeding, therefore manual compression was placed over your neck or groin to keep the hole in your vein from bleeding.

After 24 hours:

- remove any dressings/band-aids
- it is ok to shower, gently cleaning the puncture site with soap and water
- after removing the dressing, keep your puncture site clean and dry
- resume your normal diet
- drink plenty of clear liquids unless you have dietary restrictions



**** Resume your normal medications with the following exceptions:**

- If you take a blood thinner, you may resume taking it 12 hours after the procedure.

While coughing, sneezing, or during bowel movement, support the puncture site by applying gentle pressure with your hand for the first 24 hours to prevent bleeding.

Do not participate in strenuous activity for 1-2 days.

Keep all your follow-up appointments with Dr. Pradhan as scheduled.

If you received sedation, you may **NOT** drive, drink alcohol, operate heavy machinery, or sign important document for 24 hours.

If you experience increased pain, swelling, redness, fever greater than 101°, drainage, bleeding, rash, hives, itching and or coldness in your arms/leg(s) call our office at (708) 323-4000.

If you cannot reach your doctor, immediately call **Emergency Medical Service at 911.**